

St Benedict's Parish Arcadia



"To love the young" Rule of St Benedict, Chapter 4



"Do not be afraid, only have faith" Mark 5:21-24

PARISH MASS TIMES

Weekends:

Saturday 7:00pm Vigil
Sunday 9:00am
Sunday 10:30am



Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration
7:00pm Mass & Confession
(Reconciliation)

Saturdays 9:00am to 10:00am
Adoration & Confession (Reconciliation)

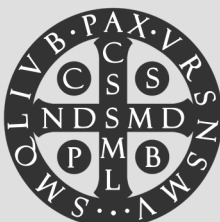
MONASTERY CHAPEL Masses

Sundays 7:00am
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Parish Priest:
Fr Shansana 0437 884 233



13TH SUNDAY IN ORDINARY TIME YEAR B

29 & 30 JUNE 2024

ENTRANCE ANTIPHON

All peoples, clap your hands.
Cry to God with shouts of joy!

SUNDAY HOLY MASS PRAYER

O God, who through the grace of adoption chose us to be children of light, grant, we pray, that we may not be wrapped in the darkness of error but always be seen to stand in the bright light of truth. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

SELF REFLECTION - CHALLENGES

This Sunday's Gospel, Mark 5:21-24, 35-43, Jairus said to Jesus *"My little daughter is desperately sick. Do come and lay your hands on her to make her better and save her life."*

Jesus has authority over whatever challenges you may face, no matter how overwhelming they seem. Despite our struggles and the things beyond our control, we can find comfort in knowing that we serve a powerful Christ who meets our greatest needs.

- *Do I have faith like Jairus?*
- *Do I trust in Jesus when I have overwhelming challenges?*
- *Have I allowed comfort in knowing that we serve a powerful Christ who will always meet my needs?*



Lord,
Help me to have faith and trust in you when my challenges are too overwhelming to deal with. I believe you are my comfort and You will always meet me needs. Amen.

First Reading: Wisdom 1:13-15; 2:23-24 (JB)

A reading from the book of Wisdom

It was the devil's envy that brought death into the world.

Death was not God's doing, he takes no pleasure in the extinction of the living.
 To be - for this he created all;
 the world's created things have health in them, in them no fatal poison can be found,
 and Hades holds no power on earth;
 for virtue is undying.

Yet God did make man imperishable, he made him in the image of his own nature;
 it was the devil's envy that brought death into the world, as those who are his partners will discover.

The word of the Lord.
Thanks be to God.

Responsorial Psalm:

R. I will praise you, Lord, for you have rescued me.

Second Reading: 2 Corinthians 8:7, 9, 13-15 (JB)

A reading from the second letter of St Paul to the Corinthians

Your abundance should supply their want.

You always have the most of everything - of faith, of eloquence, of understanding, of keenness for any cause, and the biggest share of our affection - so we expect you to put the most into this work of mercy too. Remember how generous the Lord Jesus was: he was rich, but he became poor for your sake, to make you rich out of his poverty. This does not mean that to give relief to others you ought to make things difficult for yourselves: it is a question of balancing what happens to be your surplus now against their present need, and one day they may have something to spare that will supply your own need. That is how we strike a balance: as scripture says: The man who gathered much had none too much, the man who gathered little did not go short.

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!
 Our Saviour Jesus Christ has done away with death
 and brought us life through his gospel.
 Alleluia!

GOSPEL: Mark 5:21-24, 35-43 (JB)

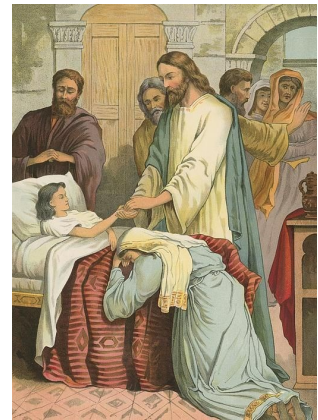
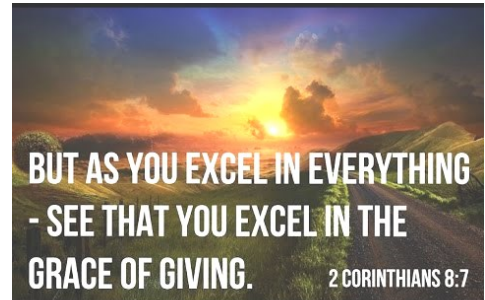
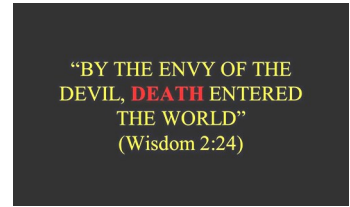
A reading from the holy Gospel according to Mark

Young girl, I say to you, arise.

When Jesus had crossed in the boat to the other side, a large crowd gathered round him and he stayed by the lakeside. Then one of the synagogue officials came up, Jairus by name, and seeing him, fell at his feet and pleaded with him earnestly, saying, 'My little daughter is desperately sick. Do come and lay your hands on her to make her better and save her life.' Jesus went with him and a large crowd followed him; they were pressing all round him.

Some people arrived from the house of the synagogue official to say, 'Your daughter is dead: why put the Master to any further trouble?' But Jesus had overheard this remark of theirs and he said to the official, 'Do not be afraid; only have faith.' And he allowed no one to go with him except Peter and James and John the brother of James. So they came to the official's house and Jesus noticed all the commotion, with people weeping and wailing unrestrainedly. He went in and said to them, 'Why all this commotion and crying? The child is not dead, but asleep.' But they laughed at him. So he turned them all out and, taking with him the child's father and mother and his own companions, he went into the place where the child lay. And taking the child by the hand he said to her, 'Talitha, kumi!' which means, 'little girl, I tell you to get up.' The little girl got up at once and began to walk about, for she was twelve years old. At this they were overcome with astonishment, and he ordered them strictly not to let anyone know about it, and told them to give her something to eat.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.



GOSPEL REFLECTION

Sunday, June 30

Wisdom 1:13-15; 2:23-24

Psalm 30:2, 4-6, 11-13

2 Corinthians 8:7, 9, 13-15

Mark 5:21-43

They were utterly astounded. (Mark 5:42)

Of course they were astounded! The disciples and the parents of this young girl had just seen Jesus raise her from the dead. Now she was walking around as if she had never been ill. And just a few minutes earlier, a woman suffering a hemorrhage for twelve long years had been instantly cured just by touching Jesus' cloak (Mark 5:27-29). Both were amazing displays of power, and both demonstrated that Jesus was no ordinary rabbi.

We don't know if the young girl's father or the afflicted woman really understood that Jesus was the Messiah when they reached out to him. But they must have sensed that he came from God, given what they had already heard about him. Clearly, they believed in his power enough to approach him for healing. Perhaps they didn't know how their encounter with him would end, but they put their hope in him and stepped out in faith.

We do know that Jesus is the Son of God, and yet sometimes we can find ourselves doubting his power. *Can he really heal me? Can he really forgive my most shameful sins? Will he one day raise me to new life?* And yet the kinds of stories like the ones in today's Gospel reading didn't just happen in the past. Jesus still acts powerfully in our own time and place. Conversions, healings, answers to prayer—these continue to abound.

So believe in Jesus' power, as Jairus and this woman did. Step out in faith and ask for what you need. Keep asking even if you don't see immediate results. Even if it seems as if you're not getting what you're asking for, don't give up hope! Believe that Jesus, Lord of heaven and earth, has the power—and the desire—to heal you and give you new life. This is why he came to earth, and he will do it, in his own perfect time and way!

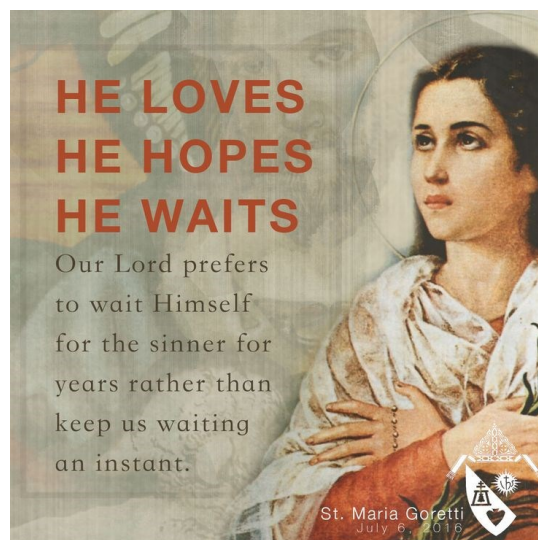
“Jesus, I am reaching out to touch your cloak today. Heal me and pour your life into me!”

Source: Word Among Us India

LITURGICAL FEASTS AND EVENTS OF THE WEEK

JULY

- Monday 1 Readings: Amos 2:6-10, 13-16.
R: Remember this, you who never think of God.
- Tuesday 2 Readings: Amos 3:1-8, 4:11-12. Mt 8:23-27.
R: Lead me in your justice, Lord.
- Wednesday 3 Readings: Eph 2:19-22. Jn 20:24-29.
R: Go out to all the world, and tell the Good News.
St Thomas, apostle.
- Thursday 4 Readings: Amos 7:10-17. Mt 9:1-8.
R: The judgements of the Lord are true and all of them just.
St Elizabeth of Portugal.
- Friday 5 Readings: Amos 8:4-6, 9-12. Mt 9:9-13.
R: No one lives on bread alone, but on every word that comes from the mouth of God.
St Anthony Zaccaria, priest.
- Saturday 6 Readings: Amos 9:11-15. Mt 9:14-17.
R: The Lord speaks of peace to his people.
St Maria Goretti, virgin, martyr.



Source: Ordo 2024



POPE FRANCIS' PRAYER INTENTION FOR JULY 2024

For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

PARISH NOTICES

- The next roster is now available please pick up from sacristy with your name on it.
- Planned giving envelopes for 2024/2025 are ready to be picked up. They are on the front pew of the church.
- **Children's Mass** next Sunday July 7, 10.30am followed by morning tea.

Parish Office: 9653 2312 (Mondays & Fridays)

The next **MEN'S MEET AND GREET** is on Monday the 1st July 2024, 7.30pm to 8.30pm.



Please join us for an hour for men of different ages for an informal opportunity to get together, communicate and share thoughts of current views in a relaxed environment, free of judgement, supporting connection and meeting other like-minded men from our community.

Mark the date in your calendar and join us!

Contact Mirko for more information on 0409 678 780.

FATIMA COMMITTEE MEETING

7:15pm Tuesday 2 July 2024
Parish meeting room
All committee members requested to attend.

Visitors welcome.

VINNIES WINTER APPEAL 2024

Donations of non-perishable food and sleeping bags being accepted to help those who are struggling this year.

Envelopes for donations are on the pews. Thank you for your support!

CRAFT GROUP

The quilting group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room.

Everyone welcome!

ST BENEDICT'S FEAST DAY

SAVE THE DATE
Sunday 14th July 9am



Please join us to celebrate St Benedict's Feast day on Sunday 14th July Mass at 9am followed by Barbecue, jumping castle, Piety stall, sweets, coffee and tea from 10am to 12pm.

PLEASE NOTE: 10.30am Mass is cancelled that day due to the feast day.

If you would like to help out please contact the parish office.

GCEA SPRING DINNER

Saturday 14 September, 2024
6pm—10pm At the Galston Club

It's just 12 weeks to our GCEA Spring Dinner.

We are anticipating it to be a huge event this year so book early.

Here is the link to book your tickets:

<https://events.humanitix.com/gcea-spring-dinner-2024>

Our focus this year is on SRE teachers and the needs for schools in our local area.

The GCEA is our primary focus with Paul El-Chaar, our teacher at Galston High School, but we see the importance of SRE in all schools.

There will be a silent auction on the night. Come and support this ministry.

Our parish will have a table so please call the parish office to be added to our table to show our support to Paul El-Chaar. We had so much fun last year!

KINDNESS TO CHILDREN

"Kindness to children, love for children, goodness to children – these are the only investments that never fail." ~ Henry David Thoreau ~

Dear Lord, bless and protect our children. Grant them safety, love and nurturing care. Guide us to support their growth, inspire their dreams and foster their happiness. May they flourish in a world filled with compassion and opportunity. Amen."

Source: majellan.media

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Sam Musumeci, Brother Mario, Father Alberic & Brother Terry.

We remember in our prayers all our dearly beloved who have died, especially Nancy Fiorino. May they rest in Peace.



VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:



**Frank Gauci and
John Volpato**

Thank you for helping with collections every Saturday night and other help when needed.

God bless you in all you do for our parish!

Who would you like to nominate for next week's volunteer?

NEXT SACRAMENTAL PROGRAM ENROLMENTS CLOSING 7TH JULY 2024

Our next Sacramental Program enrolments is now open, for students in year 3 commencing with Confirmation. Confirmation sessions will be in August 2024. Confirmation Service will be on September 12th 2024. Reconciliation and Holy Communion will be held next year in 2025.

Enrolment forms are now available in the sacristy or if you would it to be emailed to you send an email to arcadia.parish@bigpond.com and we will email you the enrolment form.

For more information contact Paula on 9653 2312 (Mondays & Fridays).

ST BENEDICT'S MAKER'S TABLE

Thank you to all who joined us for our last Maker's Table workshop. What a lovely evening of painting and friendship!

Our next workshop will be **this Wednesday, July 3rd, from 7.30-9.30pm** in the meeting room when we will be making prayer journals. These are a beautiful treasure to keep for yourself or gift to a friend.

The cost will be \$10 per participant. We will once again have a lucky door prize for one lucky lady! Please RSVP by Sunday 30/6 via email or text so we can set a special place for you at the Table. Hope you can join us!



themakerstablesydney@gmail.com

Martine 0458 533 250

Nerida 0425 834 017

www.themakerstable.org

at St Benedict's Church hall
2 Fagans Rd, Arcadia.

CATECHISTS' NEWS

Term 2 ends this week, Friday 5th July. Term 3 will resume Monday 22nd July. Wishing all Catechists, students and families an enjoyable and restful holiday break!

Free training in Term 3 –

- Available to Catechists with full Authorisation – Level 1 Training “Prayer in the Classroom” on Wednesday 24th July via Zoom in the evening 6.15pm-8.30pm.
RSVP registrations@bbcatholic.org.au
- For all Catechists, family or friends - Level 3 Course “A Reflective Study of the Psalms” being held over 12 weeks, starting on Friday 26th July at 10am via:
Zoom RSVP registrations@bbcatholic.org.au

Helpers and part time Catechists are welcome to assist when Catechists are away. If you are interested to learn more about the ministry of being a Catechist, please talk to one of our priests or contact me.

God bless,

Miriam Brown srearcadia@gmail.com

Parish Catechist Co-Ordinator

UNLOCKING THE MYSTERY OF THE BIBLE - THE BIBLE TIMELINE CHART

Presenter: Charbel Raish
Duration: 8 weeks
Start date: Thursday, 8th October 2024
Time: 7pm to 9pm
Location: Middle Dural
Price: Free

Please message Tania on 0401597278 if you would like to attend or know anyone who will be interested.

ST BENEDICT'S YOUTH GROUP

Come join our St Benedict's Youth group for **8-12yr olds** will be held **every Friday during school term only**. 4pm to 5.30pm. (5th July last day of this term).

To register your child either just turn up on the afternoon or email the parish:

arcadia.parish@bigpond.com

Volunteers aged 14-16yrs who would like to assist us please email the parish office.

Our youth leaders all have Working With Children Checks.



Thank you, Gabe & Jules!

CCC PRAYER GROUP



Prayer meeting held every **Wednesday morning**: after 9.30am Mass.
Everyone welcome.

Come and meet new people and have a cuppa!
For more details call Mary Camilleri on 0403 116 987.

ITALIAN ROSARY GROUP

Every Monday 2.00pm.
Everyone welcome.

For more details call
Angela Egiziano on 9652 1358.



SAINT OF THE WEEK

SAINT ELIZABETH OF PORTUGAL

Feast Day: July 4

C. 1271-1336

Patron Saint of brides, charity workers, those falsely accused, victims of adultery, and the Canary Islands, Spain.

Invoked against jealousy, war, and difficult marriages

Canonized by Pope Urban VIII on June 24, 1625



Rainha Santa Isabel, or Saint Elizabeth, was the child of King Peter III and Queen Constance of Aragon, Spain. Elizabeth's older brothers would become successive kings of Aragon, Alfonso III and James II. Her namesake was her great-aunt, Saint Elizabeth of Hungary.

Although Elizabeth enjoyed the privileges of a royal upbringing, her stature did not distract her from her faith. By age eight, she regularly fasted, attended Mass, and prayed the entire Divine Office daily. Unlike other girls, she sought virtue and glory for God rather than indulging in frivolous activities. She used her royal status as a platform for service of the poor, sick, and suffering.

In 1279, Elizabeth's father arranged her marriage to the seventeen-year-old King Denis of Portugal in order to strengthen Spain's political alliance with Portugal. In 1282, twelve-year-old Elizabeth wedded King Denis, becoming Queen Elizabeth of Portugal. Elizabeth showed remarkable grace in the face of her husband's immoral lifestyle and infidelity, treating him with love and fulfilling her duties as queen with humility. They had two children: their daughter, Constance, in 1290, and a year later, their son, Afonso, who would succeed his father as King of Portugal.

Queen Elizabeth's virtuous living stood out in the royal court, and she humbly and lovingly offered to God the ridicule she suffered. As queen, she attended daily Mass, engaged in penance, and prayed the Divine Office. She aided the poor and the sick, personally distributing food and money to those in need at the palace door. When the king grew angry at her generosity, she continued her charitable work secretly. Using her royal position, she constructed monasteries, churches, and hospitals.

The royal family included the king's illegitimate children whom Elizabeth treated with love. Her son, Afonso, however, resented the attention his father paid to the children born out of wedlock. Tensions escalated to the point of war, but Queen Elizabeth rode out to the scene of the battle, kneeling between her husband and son, begging for peace. She successfully reconciled the two, earning the title of "Angel of Peace."

When King Denis died in 1325, Queen Elizabeth retired to a house next to a Poor Clare monastery and joined the Third Order Franciscans. For the next eleven years, she lived in simplicity and poverty, continuing her charitable work and welcoming all who sought her counsel. She again played the role of peacemaker when her son, now King Afonso, initiated a war against his own son-in-law. Shortly thereafter, Elizabeth fell ill and died on July 4, 1336. She was buried in the Covent of Santa Clara that she had founded in Coimbra. Years later, her body was found to be incorrupt. In 1912, medical examiners and Church officials declared that her body remained free of decay, looking as if she were only sleeping.

Saint Elizabeth, you were a queen, but that royal dignity paled in comparison to the saintly virtues you acquired. Please pray that I will imitate your example and seek only those things that are eternal, rejecting the world's fleeting seductions. May I learn from your life of prayer and charity, and discover the peace and joy that you did so that I will give eternal glory to God in Heaven. Saint Elizabeth of Portugal, pray for me. Jesus, I trust in You.

MAKE A DIFFERENCE WITH CARITAS AUSTRALIA

Do you feel called to help with the healing of a broken world?

Caritas Australia is looking for a special person in the diocese of Broken Bay to help carry the message of a faith that does justice to our schools, parishes and communities.

You will be part of a vibrant team that is active in every diocese in Australia. You will be supported and meet some terrific colleagues. You will be helping the lives of some of the most marginal members of the human family.

The work is part-time, flexible and immensely rewarding. Please send an expression of interest to dominic.smith@caritas.org.au

Mission: Transformation – Their Journey, Your Legacy

Communities across Africa, Asia, Australia, and the Pacific are eagerly seeking the expertise of qualified and experienced Australians from every sector. Together, we'll embark on a journey of growth and discovery, surrounded by warmth and hospitality. Join us and experience the profound joy of making a tangible difference in the lives of others.



There's More!

- **Join our two-week Encounter Tour to Timor-Leste from August 30 to September 11, 2024**

This tour coincides with Pope Francis' visit, providing a unique opportunity to see Palms program participants and our local partner communities in action, and to experience the profound impact of the Pope's message firsthand.



- **Timor-Leste Encounter Tour Webinar:** learn more about this incredible journey from your tour guide, Cherie Flanagan, hear testimonials from past participants, and ask questions. It's happening on **26.06.2026 at 6:30pm to 7:30pm.**



Palms Australia

63 years preparing Australians for enduring global relationships to build sustainable, self-reliant, community development.
Contact: 02 9560 5333 | palms@palms.org.au | www.palms.org.au

**PASTORAL
WORKS**
Broken Bay



"Connecting to the Mission of Jesus Christ!"

THANK YOU!

"Your kindness and generosity in supporting our Pastoral Works Broken Bay Appeal is greatly appreciated and will make a difference to many families. I am deeply grateful for your ongoing support."

MOST REV ANTHONY RANDAZZO DD JCL BISHOP OF BROKEN BAY

Confraternity of
Christian Doctrine (CCD)

Hospital Chaplaincy
and Pastoral Care



Providing religious education in public schools.



Care and support for patients and families.

Your kind gift to our **May 2024 Appeal** makes a difference.



If you would still like to
make a donation you can do so here.

Your Tax-deductible gift supports vital pastoral ministries in our local community. Donate online at www.bbcatholic.org.au/pastoralworks



CATHOLIC
DIOCESE OF
BROKEN BAY

IGNITE CONFERENCE

LAUNCH

PRAISE RALLY

WITH EMMANUEL WORSHIP
The music behind Ignite Conference

4th July
St Agatha's Parish Hall, Pennant Hills

5:30pm - BBQ
6:30 - 8pm Rally

Individual

REGISTER HERE
RSVP by June 30

Group

Parish Roster

PLEASE JOIN US FOR MORNING TEA
AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

6/7/2024 to 7/7/2024
14TH SUNDAY IN ORDINARY TIME - YEAR B

| | Saturday 7.00pm | Sunday 9.00am | Sunday 10.30am |
|---|--------------------|------------------|-------------------|
| Acolyte | | Lorraine D | Paul E |
| Reader1 | Natasha S | Nigel M | CHILDREN'S |
| Reader2 | Margaret B | Judy H | CHILDREN'S |
| Prayers | Sr Carol T | Peter G | CHILDREN'S |
| TV | | Teresa G | Azzi family |
| Music | | Melanie H | Melanie H |
| Music | | Jack F | Keith W |
| Music | | Adam F | Martina J |
| Music | | | |
| Morning Tea | | Mary A | |
|  FLOWERS | Rose G | | |

SUPPORT ST BENEDICT'S PARISH

ARE YOU CONSIDERING SELLING YOUR PROPERTY

We are delighted to introduce Gavan Kohen, Sales Director at **Ray White** Dural, a proud member of the Parish of St Benedict's.

Gavan is generously offering to support our parish by donating a portion of his commission from any sale referred by our parishioners. Thank you Gavan, we appreciate your kind gesture.

For any real estate enquiries, please contact Gavan Kohen on 0414 911 070.



Our Lady of Fatima FEAST DAY

St Benedict's Parish, 12:30pm Sunday 13 October 2024

Invitation to children to take part
in the Fatima Play, which will be part of the
Our Lady of Fatima Feast Day.

Please phone 0438 521 421 for further details.



Thank you to all our volunteers, we
really appreciate it!

If anyone would like to join our parish
roster please contact the parish
office.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312
Email: arcadia.parish@bbcatholic.org.au

Parish Priest: Fr Shansana Samarasinghe OSB
Email: sanshanasamarasinghe@yahoo.com
After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: www.bbcatholic.org.au/arcadia

Facebook: [stbenedict sarcadia](https://www.facebook.com/stbenedict sarcadia)

MONASTERY: 9653 1159



BANK DETAILS for ONLINE only donations:
BSB: 062 784 Account: 100002141
Account Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

For all parish Occupational Health & Safety
and Safeguarding Children matters Contact:
Lorraine Dailey on 0416 081 882.